



Physical Education curriculum implementation



Statement of intent

Our curriculum for physical education aims to ensure that all pupils: develop competence to excel in a broad range of physical activities, are physically active for sustained periods of time, engage in competitive sports and activities and lead healthy, active lives.

As a school, we endeavour to meet the skills required by the National Curriculum. We aim to develop well rounded individuals that are equipped with essential qualities, giving every child the physical literacy, emotional and thinking skills to achieve in PE, Sport and Life.

Our high-quality physical education curriculum aims to inspire all pupils to succeed and excel in competitive sport and other physically demanding activities. It will provide opportunities for pupils to become physically confident in a way which supports their health and fitness. As a school we intend to create opportunities for all children to compete in sport and other activities that build character and help to embed values such as fairness and respect.

Schemes of work

- Real PE Scheme – create development
- Additional National Curriculum objectives
- Maths of the Day
- Weaving knowledge, skills and understanding into the National Curriculum – *Focus Education*

Curriculum content

At Barkisland we use the Real PE Scheme which is intertwined with Development Matters and National Curriculum objectives.

EYFS (Objectives Covered) –

30 – 50 months

- Moves freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping
- Mounts stairs, steps or climbing equipment using alternate feet.
- Walks downstairs, two feet to each step while carrying a small object.
- Runs skilfully and negotiates space successfully, adjusting speed or direction to avoid obstacles.
- Can stand momentarily on one foot when shown.
- Can catch a large ball.

40-60 months

- Experiments with different ways of moving.
- Jumps off an object and lands appropriately.
- Negotiates space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles.
- Travels with confidence and skill around, under, over and through balancing and climbing equipment.
- Shows increasing control over an object in pushing, patting, throwing, catching or kicking it.

Key stage 1

Pupils will develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They will be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils will be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns

Key stage 2

Pupils will continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They will enjoy communicating, collaborating and competing with each other. They will develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils will be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

Swimming and water safety

Swimming is taught in Year 4.

In particular, will be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations

Record of pupils work

Pupils showcase their work through photos, videos and learning books (EYFS). They will be introduced to the objective of the lesson through our Real PE display. Pupils show a higher level of understanding, by competing in events throughout the academic year.

Assessment

Class teachers will use formative assessment information throughout the unit to adapt their teaching focus to meet the ever changing needs of their class. As a school, we assess children at the end of each unit of learning. Assessment is based upon the objectives taught and children are assessed are meeting, expected or exceeding.

Cross curricular

Active maths

All classes (KS1 and KS2) will participate in a weekly active maths lesson, ideas can be accessed through the 'Maths of the Day scheme' where children have practical lessons surrounding different areas of maths.

Active English

Some classes use lessons based on ideas from Premier league Primary Stars, to develop their SPaG knowledge. It is encouraged to use physical activity during starters to engage the children and review knowledge, as well as encouraging 'movement writing breaks' during extended pieces of writing.

Topic-

Children have the opportunity to explore different themed areas of dance in their topic work, such as World War 2 Dance (Y6) and Mayan Tribal Chants (Y5).

Enrichment

The school supports a wide range of physical enrichment opportunities. Barkisland has a purpose-built running track to encourage children to get an active 15 minutes at school every day, by running 'The Daily Mile'. There are an array of extra-curricular clubs, providing a variety of activities for all ages such as dance, football, cricket, hockey, athletics, cross-country and netball. Children have the opportunity to represent school throughout the year in competitive sporting events, such as a Swimming Gala and football leagues.

Home school links

P.E. at Barkisland aims to encourage parental engagement and support through spectating team matches and competitive events. As well as providing opportunities for parents to be involved with our annual sports day.

Reviewed January 2021

D.Harper