



My Curriculum Map

2023/2024

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Dance : Unit 1	Gymnastics : Unit 1	Ball Skills : Unit 1 Games : Unit 1	Games : Unit 1
Nursery / Reception						
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 2	Dance : Unit 2	Gymnastics : Unit 2	Ball Skills : Unit 2	Games : Unit 2
Year 1	Fundamentals Ball Skills	Dance Sending and Receiving	Gymnastics Target Games	Yoga Invasion Games	Team Building Striking and Fielding Games	Fitness Athletics
Year 2	Fundamentals Ball Skills	Dance Sending and Receiving	Gymnastics Target Games	Yoga Invasion Games	Team Building Striking and Fielding Games	Fitness Athletics
Year 3	Fundamentals Y3/4 Ball Skills Y3/4	Fitness Football	Gymnastics Hockey	Dance Netball	Cricket Handball	Dodgeball Athletics
Year 4	Swimming Tennis	Gymnastics Swimming	Dance Swimming	Yoga Swimming	Swimming Tag Rugby	Swimming Athletics
Year 5	Fitness OAA	Gymnastics Handball	Swimming Volleyball Y5/6	Swimming Dance	Rounders	Dodgeball Athletics
Year 6	Swimming Volleyball Y5/6 Tag Rugby	Swimming Badminton Y5/6 Gymnastics	Swimming Yoga Dance	Swimming OAA Netball	Handball Rounders	Dodgeball Athletics