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29<sup>th</sup> January 2019



Dear Parents and Carers,

Next week, commencing 4<sup>th</sup> February 2019, we are having a **‘Keeping safe’ week** in school, during which every child will explore how to keep themselves in a range of situations, including online and on holiday.

As part of this, Year 4’s swimming lesson on Thursday 7<sup>th</sup> February will be a water safety lesson.

The time of the lesson will be the same, and children will need to bring their usual swimming kit as normal. However, in addition to this, the children will need the following:

- **Thin, long-sleeved tops and trousers (long pyjamas are ideal. NO onesies, please).**
- **An extra bag to carry their extra items.**
- **Plastic carrier bags to place their wet clothing in for the remainder of the day.**

As it is a water safety lesson, teaching children how to survive should they fall in to wild water, goggles will not be needed.

The children will learn many life skills during the lesson, including how to survive if they fall into cold, deep water and the best ways to help another person if they get into trouble in water.

If you have any questions, please feel free to come and find me on the KS1 door or to contact me via the school office.

Yours sincerely,

**Mr Matthew Elliott**  
**Year 4 Teacher**

*Working with the Diocese of Leeds and the Metropolitan Borough of Calderdale*

